

Kilo = Pounds

Kilos =	Pounds
20.0	44.09
22.5	49.6
25.0	55.12
27.5	60.63
30.0	66.14
32.5	71.65
35.0	77.16
37.5	82.67
40.0	88.18
42.5	93.7
45.0	99.21
47.5	104.72
50.0	110.23
52.5	115.74
55.0	121.25
57.5	126.76
60.0	132.28
62.5	137.79
65.0	143.3
67.5	148.81
70.0	154.32
72.5	159.83
75.0	165.35
77.5	170.86
80.0	176.37
82.5	181.88
85.0	187.39
87.5	192.9
90.0	198.41
92.5	203.93
95.0	209.44
97.5	214.95
100.0	220.46
102.5	225.97
105.0	231.48
107.5	236.99
110.0	242.51
112.5	248.02
115.0	253.53
117.5	259.04
120.0	264.55
122.5	270.06
125.0	275.58
127.5	281.09
130.0	286.6
132.5	292.11
135.0	297.62
137.5	303.13
140.0	308.64
142.5	314.16
145.0	319.67
147.5	325.18
150.0	330.69
152.5	336.2
155.0	341.71
157.5	347.22
160.0	352.74
162.5	358.25
165.0	363.76
167.5	369.27
170.0	374.78
172.5	380.29
175.0	385.81
177.5	391.32
180.0	396.83
182.5	402.34
185.0	407.85
187.5	413.36
190.0	418.87
192.5	424.39
195.0	429.9
197.5	435.41
200.0	440.92
202.5	446.43
205.0	451.94
207.5	457.45
210.0	462.97
212.5	468.48
215.0	473.99
217.5	479.5
220.0	485.01
222.5	490.52
225.0	496.04
227.5	501.55
230.0	507.06
232.5	512.57
235.0	518.08
237.5	523.59
240.0	529.1
242.5	534.62
245.0	540.13
247.5	545.64
250.0	551.15
252.5	556.66
255.0	562.17
257.5	567.68
260.0	573.2
262.5	578.71
265.0	584.22

Kilos =	Pounds
267.5	589.73
270.0	595.24
272.5	600.75
275.0	606.27
277.5	611.78
280.0	617.29
282.5	622.8
285.0	628.31
287.5	633.82
290.0	639.33
292.5	644.85
295.0	650.36
297.5	655.87
300.0	661.38
302.5	666.89
305.0	672.4
307.5	677.91
310.0	683.43
312.5	688.94
315.0	694.45
317.5	699.96
320.0	705.47
322.5	710.98
325.0	716.5
327.5	722.01
330.0	727.52
332.5	733.03
335.0	738.54
337.5	744.05
340.0	749.56
342.5	755.08
345.0	760.59
347.5	766.1
350.0	771.61
352.5	777.12
355.0	782.63
357.5	788.14
360.0	793.66
362.5	799.17
365.0	804.68
367.5	810.19
370.0	815.7
372.5	821.21
375.0	826.73
377.5	832.24
380.0	837.75
382.5	843.26
385.0	848.77
387.5	854.28
390.0	859.79
392.5	865.31
395.0	870.82
397.5	876.33
400.0	881.84
402.5	887.35
405.0	892.86
407.5	898.37
410.0	903.89
412.5	909.4
415.0	914.91
417.5	920.42
420.0	925.93
422.5	931.44
425.0	936.96
427.5	942.47
430.0	947.98
432.5	953.49
435.0	959.00
437.5	964.51
440.0	970.02
442.5	975.54
445.0	981.05
447.5	986.56
450.0	992.07
452.5	997.58
455.0	1003.09
457.5	1008.6
460.0	1014.12
462.5	1019.63
465.0	1025.14
467.5	1030.65
470.0	1036.16
472.5	1041.67
475.0	1047.19
477.5	1052.7
480.0	1058.21
482.5	1063.72
485.0	1069.23
487.5	1074.74
490.0	1080.25
492.5	1085.77
495.0	1091.28
497.5	1096.79
500.0	1102.3
502.5	1107.81
505.0	1113.32
507.5	1118.83
510.0	1124.35
512.5	1129.86

Kilos =	Pounds
515.0	1135.37
517.5	1140.88
520.0	1146.39
522.5	1151.9
525.0	1157.42
527.5	1162.93
530.0	1168.44
532.5	1173.95
535.0	1179.46
537.5	1184.97
540.0	1190.48
542.5	1196
545.0	1201.51
547.5	1207.02
550.0	1212.53
552.5	1218.04
555.0	1223.55
557.5	1229.06
560.0	1234.58
562.5	1240.09
565.0	1245.6
567.5	1251.11
570.0	1256.62
572.5	1262.13
575.0	1267.65
577.5	1273.16
580.0	1278.67
582.5	1284.18
585.0	1289.69
587.5	1295.2
590.0	1300.71
592.5	1306.23
595.0	1311.74
597.5	1317.25
600.0	1322.76
602.5	1328.27
605.0	1333.78
607.5	1339.29
610.0	1344.81
612.5	1350.32
615.0	1355.83
617.5	1361.34
620.0	1366.85
622.5	1372.36
625.0	1377.88
627.5	1383.39
630.0	1388.9
632.5	1394.41
635.0	1399.92
637.5	1405.43
640.0	1410.94
642.5	1416.46
645.0	1421.97
647.5	1427.48
650.0	1432.99
652.5	1438.5
655.0	1444.01
657.5	1449.52
660.0	1455.04
662.5	1460.55
665.0	1466.06
667.5	1471.57
670.0	1477.08
672.5	1482.59
675.0	1488.11
677.5	1493.62
680.0	1499.13
682.5	1504.64
685.0	1510.15
687.5	1515.66
690.0	1521.17
692.5	1526.69
695.0	1532.2
697.5	1537.71
700.0	1543.22
702.5	1548.73
705.0	1554.24
707.5	1559.75
710.0	1565.27
712.5	1570.78
715.0	1576.29
717.5	1581.8
720.0	1587.31
722.5	1592.82
725.0	1598.34
727.5	1603.85
730.0	1609.36
732.5	1614.87
735.0	1620.38
737.5	1625.89
740.0	1631.4
742.5	1636.92
745.0	1642.43
747.5	1647.94
750.0	1653.45
752.5	1658.96
755.0	1664.47
757.5	1669.98
760.0	1675.5

Kilos =	Pounds
762.5	1681.01
765.0	1686.52
767.5	1692.03
770.0	1697.54
772.5	1703.05
775.0	1708.56
777.5	1714.07
780.0	1719.58
782.5	1725.1
785.0	1730.61
787.5	1736.12
790.0	1741.63
792.5	1747.14
795.0	1752.65
797.5	1758.16
800.0	1763.68
802.5	1769.19
805.0	1774.7
807.5	1780.21
810.0	1785.72
812.5	1791.23
815.0	1796.74
817.5	1802.25
820.0	1807.76
822.5	1813.27
825.0	1818.78
827.5	1824.29
830.0	1829.8
832.5	1835.31
835.0	1840.82
837.5	1846.33
840.0	1851.84
842.5	1857.35
845.0	1862.86
847.5	1868.37
850.0	1873.88
852.5	1879.39
855.0	1884.9
857.5	1890.41
860.0	1895.92
862.5	1901.43
865.0	1906.94
867.5	1912.45
870.0	1917.96
872.5	1923.47
875.0	1928.98
877.5	1934.49
880.0	1940.0
882.5	1945.51
885.0	1951.02
887.5	1956.53
890.0	1962.04
892.5	1967.55
895.0	1973.06
897.5	1978.57
900.0	1984.08
902.5	1989.59
905.0	1995.1
907.5	2000.61
910.0	2006.12
912.5	2011.63
915.0	2017.14
917.5	2022.65
920.0	2028.16
922.5	2033.67
925.0	2039.18
927.5	2044.69
930.0	2050.2
932.5	2055.71
935.0	2061.22
937.5	2066.73
940.0	2072.24
942.5	2077.75
945.0	2083.26
947.5	2088.77
950.0	2094.28
952.5	2099.79
955.0	2105.3
957.5	2110.81
960.0	2116.32
962.5	2121.83
965.0	2127.34
967.5	2132.85
970.0	2138.36
972.5	2143.87
975.0	2149.38
977.5	2154.89
980.0	2160.4
982.5	2165.91
985.0	2171.42
987.5	2176.93
990.0	2182.44
992.5	2187.95
995.0	2193.46
997.5	2198.97
1000.0	2204.48