

KDK Frauen

Pl.	Name	Verein	Kg	Kniebeuge			Bankdrücken			Kreuzheben			Total	Relativ
				1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.		
1	von Bachhaus, Gunda Fiona	FCL Rhein-Main Rüsselsheim e.V.	62,5	125,0	132,5	140,0	107,5	110,0	-115,0	155,0	165,0	180,0	430,0	464,62
2	Meyer, Tamara	FSV Sarstedt	66,0	110,0	120,0	130,0	62,5	70,0	-75,0	130,0	145,0	-150,0	345,0	357,90
3	Petri, Silvia	FCL Rhein-Main Rüsselsheim e.V.	62,0	70,0	75,0	80,0	62,5	72,5	-75,0	95,0	105,0	112,5	265,0	288,08
4	Zurakowsky de Sas, Anna	Gallier	64,0	60,0	70,0	-80,0	60,0	65,0	-70,0	100,0	110,0	120,0	255,0	270,63

Bankdrücken Frauen

Pl.	Name	Verein	Kg	Kniebeuge			Bankdrücken			Kreuzheben			Total	Relativ
				1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.		
1	Julia Dietz	FCL Rhein-Main Rüsselsheim e.V.	70,0				100,0	105,0	107,5				107,5	106,94
2	Maurer Lolita	AC Siegfried	62,0				82,5	85,0	87,5				87,5	95,12
3	Regine Hunsinger	AC Siegfried	68,5				85,0	87,5	90,0				90,0	90,90

Bankdrücken Männer

Pl.	Name	Verein	Kg	Kniebeuge			Bankdrücken			Kreuzheben			Total	Relativ
				1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.		
1	Schick, Markus	FCL Rhein-Main Rüsselsheim e.V.	82,0				195,0	205,0	212,5				212,5	142,89
2	Christian, Raidl	Salzburg	115,0				210,0	220,0	-230,0				220,0	127,84
3	Kircher, Achim	AC Siegfried	115,0				190,0	205,0	212,5				212,5	123,48
4	Hinz, Thorsten		116,5				190,0	205,0	210,0				210,0	121,61
5	Lindinger,Holger	powerlifting esslingen	107,2				185,0	200,0	-207,5				200,0	118,66
6	Hirschmann ,Oliver		107,8				200,0	-210,0	-210,0				200,0	118,46
7	Hoeh, Marcus	FCL Rhein-Main Rüsselsheim e.V.	120,3				200,0	205,0	-215,0				205,0	117,79
8	Walter Kurda	Köln	121,9				180,0	190,0	200,0				200,0	114,58
9	Stellmach, Mario	R+M Fitness	97,0				180,0	-190,0	-195,0				180,0	110,93
10	Zeybek, Fatih	Fitness-Club Rhein-Main e.V.	112,0				170,0	180,0	185,0				185,0	108,28
11	Lehnhard, Peter	Heros Berlin	100,0				165,0	172,5	-180,0				172,5	104,98
12	Vaccaro, Marc	FCL Rhein-Main Rüsselsheim e.V.	65,0				120,0	125,0	-130,0				125,0	99,40
13	Baier, Sebastian	KSV Mannheim	91,0				145,0	150,0	-152,5				150,0	95,24
14	Marc Bielau		76,8				105,0	120,0	-127,5				120,0	84,13
15	Pelletier Vincent	Av Gross Zimmern	89,7				110,0	120,0	-122,5				120,0	76,74
16	Kacper Kudelski	Av Gross Zimmern	56,1				45,0	50,0	-55,0				50,0	45,44
17	Maier, Herrmann	Hostenbach KSV	98,0				-120,0	-120,0	-120,0				-120,0	

KDK Junioren -90kg

Pl.	Name	Verein	Kg	Kniebeuge			Bankdrücken			Kreuzheben			Total	Relativ	Nachwuchswertung
				1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.			
1	Pepe "Rocky", Silvano	AV Groß-Zimmern	80,0	165,0	175,0	180,0	140,0	-145,0	145,0	220,0	227,5	235,0	560,0	382,31	12
2	Kröner, Moritz	FCL Rhein-Main Rüsselsheim e.V.	89,9	180,0	190,0	200,0	145,0	150,0	155,0	205,0	220,0	240,0	595,0	380,09	10
3	Stendebach, Sascha	Aktiv Sport Trier	85,0	-180,0	180,0	-190,0	140,0	145,0	-150,0	220,0	235,0	250,0	575,0	378,52	9
4	Köberle, Markus	Ravensburg	67,0	145,0	152,5	160,0	92,5	100,0	-105,0	205,0	215,0	222,5	482,5	374,23	8
5	Habel, Andreas	powerlifting esslingen	87,0	160,0	185,0	-200,0	-110,0	110,0	-120,0	200,0	230,0	-240,0	525,0	341,20	7
6	Vorberg, Fabian	Universität Göttingen	85,0	155,0	160,0	165,0	115,0	117,5	120,0	210,0	220,0	225,0	510,0	335,73	6
7	Schreiber, Dominic	AV Groß-Zimmern	80,0	145,0	155,0	160,0	115,0	122,5	-127,5	185,0	200,0	-205,0	482,5	329,40	5
8	Ludin, Nasir	AV Groß-Zimmern	68,0	120,0	-125,0	125,0	105,0	110,0	115,0	160,0	172,5	182,5	422,5	323,85	4
9	Bredo, Willi	Salzgitter	72,5	120,0	132,5	140,0	-100,0	-110,0	110,0	155,0	170,0	180,0	430,0	313,90	3
10	Winkel, Mirko	Gallier	90,0	140,0	150,0	-160,0	110,0	120,0	125,0	180,0	190,0	-200,0	465,0	296,86	2
11	Stolorz, Markus		88,0	132,5	140,0	147,5	97,5	102,5	-107,5	180,0	190,0	-200,0	440,0	284,20	1
12	Dietrich, Robin	AV Groß-Zimmern	82,0	142,5	152,5	-152,5	70,0	-77,5	75,0	165,0	172,5	-180,0	400,0	268,96	1
13	diGirolamo, Michele	AV Groß-Zimmern	80,0	100,0	107,5	115,0	85,0	92,5	-100,0	150,0	160,0	170,0	377,5	257,72	1
14	Kagadar, Eren	AV Groß-Zimmern	61,5	70,0	80,0	90,0	70,0	77,5	80,0	110,0	120,0	132,5	302,5	252,32	1
15	Forst, Benjamin	Groß-Zimmern	76,0	110,0	-115,0	115,0	85,0	90,0	-97,5	135,0	145,0	150,0	355,0	250,67	1
16	James, Marc	AC Siegfried	75,0	95,0	102,5	110,0	82,5	85,0	-87,5	120,0	130,0	145,0	340,0	242,28	1
17	Schneider Marius	Aktiv Sport Trier	82,0	100,0	110,0	115,0	80,0	85,0	90,0	140,0	150,0	155,0	360,0	242,06	1
18	Nenno, Nicola	KSV Hostenbach	69,0	95,0	102,5	107,5	65,0	70,0	-75,0	110,0	120,0	125,0	302,5	229,23	1

KDK Junioren +90kg

Pl.	Name	Verein	Kg	Kniebeuge			Bankdrücken			Kreuzheben			Total	Relativ	Nachwuchswertung
				1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.			
1	Mockenhaupt "Sigmason", Fritz	AV Groß-Zimmern	106,0	220,0	232,5	-240,0	152,5	162,5	167,5	240,0	252,5	-262,5	652,5	388,63	12
2	Acosta Florido, Daniel	Essen	95,0	180,0	200,0	205,0	135,0	150,0	155,0	-240,0	255,0	-262,5	615,0	382,53	10
3	Rippe, Marvin	AC Siegfried	102,7	200,0	210,0	-220,0	137,5	145,0	-150,0	230,0	250,0	-282,5	605,0	364,45	9
4	Hellmann, Frederic	KSV Mannheim	103,0	170,0	180,0	-185,0	150,0	160,0	167,5	220,0	242,5	252,5	600,0	361,02	8
5	Valentin, Per		98,0	170,0	180,0	-195,0	120,0	127,5	132,5	200,0	220,0	230,0	542,5	332,88	7
6	Läßle, Leo	Aktiv Sport Trier	96,0	160,0	170,0	-180,0	100,0	-110,0	-110,0	210,0	-230,0	-230,0	480,0	297,17	6
7	Lauranz Schneiders		110,0	120,0	140,0	152,5	90,0	100,0	107,5	200,0	220,0	-225,0	480,0	282,48	5
8	Weinhold Jacob	Hamburg	104,0	177,5	-185,0	-185,0	90,0	-95,0	-95,0	185,0	190,0	-195,0	457,5	274,32	4
9	Schwarz, Marco	Gallier	92,0	120,0	140,0	-155,0	100,0	110,0	-115,0	180,0	-200,0	-200,0	430,0	271,55	3

KDK Männer -100kg

Pl.	Name	Verein	Kg	Kniebeuge			Bankdrücken			Kreuzheben			Total	Relativ
				1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.		
1	Podszuweit, Jeffrey	R+M Fitness	81,0	220,0	232,5	-242,5	172,5	182,5	187,5	240,0	260,0	-267,5	680,0	460,63
2	Jandorek, Andreas		92,0	225,0	237,5	242,5	175,0	185,0	190,0	267,5	282,5	-297,5	715,0	451,52
3	Werner, Torben		100,0	220,0	235,0		-170,0	170,0	-180,0	260,0	275,0	300,0	705,0	429,06
4	Türk Oliver		98,5	220,0	235,0	-245,0	160,0	-170,0	170,0	240,0	260,0	265,0	670,0	410,24
5	Michael Eschle		97,0	185,0	200,0	212,5	140,0	150,0	155,0	230,0	250,0	257,5	625,0	385,19
6	Offergeld, M.		93,6	200,0	220,0		150,0	160,0	-160,0	180,0	235,0	-235,0	615,0	385,17
7	Knuth, Peter	KSV Mannheim	85,0	170,0	180,0	185,0	145,0	155,0	-160,0	230,0	245,0	-250,0	585,0	385,11
8	Schorr, Peter	Fellbach	74,8	180,0	187,5	192,5	115,0	-120,0	-120,0	215,0	227,5	-235,0	535,0	381,94
9	Derzapf,Ewgeni	Lobenstein AV 93	88,0	180,0	200,0	215,0	130,0	140,0	-145,0	200,0	215,0	225,0	580,0	374,62
10	Spörl, Steffen		85,0	180,0	187,5	-195,0	140,0	145,0	-147,5	200,0	210,0	-217,5	542,5	357,13
11	Christian Burth		74,6	160,0	170,0	175,0	90,0	100,0	-110,0	190,0	210,0	-222,5	485,0	346,87
12	Denhard, Johannes	clox Gießen	86,9	170,0	177,5	-185,0	115,0	122,5	-127,5	200,0	215,0	220,0	520,0	338,16
13	Pfohl, Jürgen	Kölner AC 1882	86,0	165,0	-172,5	-172,5	130,0	-140,0	-140,0	210,0	215,0	-220,0	510,0	333,54
14	Tropea, Christopher	AV Groß-Zimmern	78,8	135,0	140,0	150,0	110,0	117,5	-120,0	155,0	165,0	180,0	447,5	308,46
15	Hebestadt, Christian		98,0	130,0	145,0	160,0	90,0	100,0	110,0	170,0	205,0	215,0	485,0	297,60
16	Thanert Ralf	AC Siegfried	88,0	150,0	160,0	165,0	90,0	100,0	-105,0	160,0	175,0	190,0	455,0	293,88
17	Sowa Oliver		80,0	140,0	150,0	-155,0	105,0	110,0	-115,0	170,0	-180,0	-180,0	430,0	293,56
18	Schneider Alwin	Aktiv Sport Trier	90,0	140,0	150,0	155,0	110,0	120,0	125,0	160,0	170,0	175,0	455,0	290,47
19	Janzer, Victor		87,0	130,0	140,0	150,0	105,0	115,0	-117,5	140,0	160,0	180,0	445,0	289,21
20	Müller, Peter		98,9	155,0	160,0	170,0	85,0	-90,0	90,0	175,0	190,0	200,0	460,0	281,20
21	Bergmaier, Gabriel	Universität Göttingen	96,0	130,0	140,0	150,0	-90,0	90,0	95,0	165,0	180,0	-190,0	425,0	263,12
22	Siegle, Matthias	SV Fellbach	80,0	175,0	-190,0	-200,0	125,0	-130,0	-130,0	-205,0	-205,0	-205,0	95,0	64,86

KDK Männer +100kg

Pl.	Name	Verein	Kg	Kniebeuge			Bankdrücken			Kreuzheben			Total	Relativ
				1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.	1. Ver.	2. Ver.	3. Ver.		
1	Moser Sergej	Maxx	116,0	290,0	305,0	315,0	230,0	240,0	245,0	330,0	345,0	352,5	912,5	528,98
2	Poppe, Christian	Gallier	130,0	280,0	300,0	320,0	180,0	190,0	-200,0	330,0	#	#	840,0	475,10
3	Kondraschow Jewgenij	KSC Puch	140,0	275,0	-295,0	#	175,0	192,5	205,0	295,0	-305,0	335,0	815,0	455,42
4	Gramlich, Philipp	AV Groß-Zimmern	124,0	260,0	275,0	280,0	165,0	172,5	-175,0	280,0	-300,0	-300,0	732,5	418,11
5	Loosen,Gregor	KSV Mannheim	116,0	215,0	230,0	237,5	150,0	160,0	-167,5	265,0	285,0	292,5	690,0	399,99
6	Hoffmann Marc	KSV Essen 1888	106,2	225,0	240,0	250,0	140,0	-150,0	150,0	245,0	260,0	270,0	670,0	398,78
7	Hans Müller	Gallier	116,6	260,0	-280,0	-280,0	150,0	160,0	-165,0	225,0	-225,0	-225,0	645,0	373,46
8	van den Berg, Thorsten	KSV Essen 1888	104,5	200,0	220,0	-225,0	130,0	-140,0	-140,0	230,0	250,0	-255,0	600,0	359,16
9	Schwarz, Oliver	Gallier	127,0	170,0	190,0	-200,0	155,0	165,0	175,0	230,0	250,0	-260,0	615,0	349,38
10	Wesner, Matthias		108,5	175,0	190,0	-200,0	135,0	142,5	-147,5	225,0	235,0	250,0	582,5	344,26
11	Behre Sebastian		126,5	180,0	190,0	205,0	125,0	135,0	140,0	190,0	210,0	225,0	570,0	324,05
12	Uwe Frey	Maxx	148,0	280,0	300,0	-310,0	#	#	#	#	#	#	300,0	166,29